

HCC Codes and Documentation - Extended

Bipolar Disorder

F31.0	Bipolar disorder, current episode (hypomanic)
F31.10-F31.13	Bipolar disorder, current episode manic without psychotic features, unspecified, mild, moderate, severe
F31.2	Bipolar disorder, current episode manic severe with psychotic features
F31.30-F31.32	Bipolar disorder, current episode, depressed, unspecified, mild or moderate severity
F31.4	Bipolar disorder, current episode, depressed, severe, without psychotic features
F31.5	Bipolar disorder, current episode, depressed, severe, with psychotic features
F31.60-F31.62	Bipolar disorder, current episode, mixed, unspecified, mild, moderate
F31.63	Bipolar disorder, current episode mixed, severe, without psychotic features
F31.64	Bipolar disorder, current episode, mixed, severe, with psychotic features
F31.70	Bipolar disorder, currently in remission, most recent episode unspecified
F31.71, F31.73, F71.75, F31.77	Bipolar disorder, in partial remission, most recent episode hypomanic, manic, depressed, mixed
F31.72, F31.74, F31.76, F31.78	Bipolar disorder, in full remission, most recent episode hypomanic, manic, depressed, mixed
F31.81	Bipolar II disorder
F31.89	Other bipolar disorder, recurrent manic episodes NOS
F31.9	Bipolar disorder unspecified, manic depression

Attempt for more specificity

- Avoid broad terms and unspecified codes such as “Bipolar disorder”, F31.9, or “Bipolar II disorder”, F31.81
- Be meticulous in picking up the details in documentation. It leads to precise coding and a better awareness about the disease and the population it affects

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Bipolar Disorder, Continued

Use terms that specify

- Type I or II
- Current or in remission
- Manic or mixed
- Severity-mild, moderate, severe
- Presence of psychotic features

Bipolar previously diagnosed? Consider

- Two similar conditions cannot occur together, e.g. reporting Depression when Bipolar has been addressed.
- Depression is considered inclusive of Bipolar disorder, per ICD-10-CM.

Bipolar screening tool

Mood Disorder Questionnaire (MDQ) offers a convenient questionnaire making it easy to obtain specific diagnosis codes.

Link: <https://ibpf.org/wp-content/uploads/2016/11/MDQ.pdf>

Note all disclaimers on the website.

Refilling medications

Don't forget to verify the condition and list the diagnosis in the Assessment & Plan